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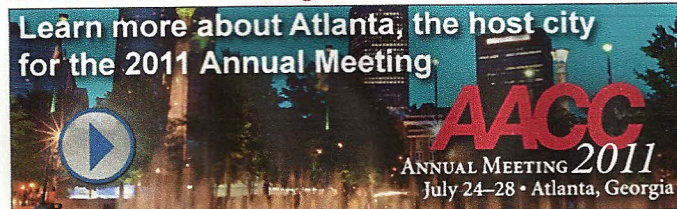
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2011 AACC Annual Meeting



Thanks for joining us in Atlanta. We look forward to seeing you next year, July 15 – 19, 2012 in Los Angeles. For more information on the 2012 meeting, [click here](#).

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Thanks to all the 2011 Annual Meeting Organizing Committee

We would like to thank the **2011 Annual Meeting Organizing Committee** for their hard work in putting together the 2011 Annual Meeting in Atlanta. Thanks for a terrific meeting.

Thanks to all those who Exhibited and Supported the Annual Meeting- we couldn't have done it without you!

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introduced into the ICP-MS via a membrane desolvator to minimize oxide formation. Results were calculated using the $^{111}\text{Cd}/^{112}\text{Cd}$, $^{111}\text{Cd}/^{113}\text{Cd}$ and $^{111}\text{Cd}/^{114}\text{Cd}$ intensity ratios after correction for residual spectral inference from Mo and Sn. SRM 966, Toxic Elements in Bovine Blood was used for method validation.

Clinical Procedures - Single, blinded vials of each level of SRM 955c were distributed for analysis "as special" PT samples. Samples were analyzed in the same manner as routine patient specimens. A sub-set of the reported data, composed of results from a group of 22 experienced reference laboratories using ICP-MS (18), graphite furnace atomic absorption spectrometry (3) and atomic absorption spectrometry (1), were used for comparison to ID ICP-MS data.

Results: PT data are within -0.9 %, -3.3%, and -4.0 % of ID ICP-MS data for Cd in SRM 955c Level 2 (2.16 $\mu\text{g/L}$), Level 3 (5.20 $\mu\text{g/L}$), and Level 4 (10.26 $\mu\text{g/L}$), respectively. The approximate 95% confidence intervals for the difference between the means show no evidence of disagreement for Level 2, however small but statistically significant differences are revealed for Levels 3 and 4. Comparison of ID ICP-MS results for unseparated and separated sample fractions illustrate the adverse effect of blood matrix on the precision and accuracy of Cd measurements. CV's were 1.0 % for unseparated and 0.3 % for separated Cd Level 4 sample fractions (n=8) and means differed by +2.5 %. Matrix-induced signal suppression resulted in a 50 % decrease in signal intensity for unseparated samples.

Conclusion: It is possible that the small differences observed in the PT data and ID ICP-MS data are due to differing sample treatments. Matrix separation, used in the ID ICP-MS analyses was shown to improve accuracy and precision by reducing the effects of spectral and non-spectral interference. Reference values for Cd in Level 2 and Level 4 currently reported on the Certificate of Analysis for SRM 955c will be updated to reflect the additional ID ICP-MS data.

B-137

Evaluation of trace elements and biochemical parameters in blood samples from a healthy elderly population in a university hospital in Brazil

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Background: There are few data about reference values to be used in laboratory tests for elderly. This fact encouraged us to evaluate some biochemical parameters and trace elements concentrations present in blood samples from ambulatory elderly people.

Methods: This study was submitted and approved by our Internal Review Board (IRB). An elderly population, without clinical evidence of serious chronic diseases, from Clinical Hospital of São Paulo University Medical School was evaluated. The selection of these individuals was based on the SENIEUR protocol (SENIEUR European Protocol). The blood samples of 125 elderly people (36 men and 89 women), aging 72 ± 8 years, were analyzed. The blood, after 12 hours fast, was collected by venipuncture using sterile standard metallic needles. It was collected in two types of evacuated tubes (Vacutainer Systems - Becton Dickinson, EUA): SST II Advance gel and clot activator tube and a specific tube for trace elements analysis, without heparin. An aliquot of serum (3.0 mL) was transferred to a flask (Nalgene) and freeze-dried for trace element determinations. Neutron activation analysis (NAA) was applied for trace elements determination. About 150 mg of freeze-dried serum were irradiated at the IEA-R1 research nuclear reactor together with elemental standards. Short and long irradiations were carried out under a thermal neutron flux of about $4 \times 10^{12} \text{ n cm}^{-2} \text{ s}^{-1}$ for Br, Ca, Cl, Fe, Na, Rb, Se and Zn determinations. After adequate decay times, the irradiated samples and standards were measured using a Hyperpure Ge detector Model GX2020 coupled a gamma-ray spectrometer. The radioisotopes measured were identified according to their half-lives and gamma-ray energies and the element concentrations were calculated by comparative methods. The certified reference material, NIST 1566b Oyster Tissue was analyzed to evaluate the accuracy and precision of the results.

Results: The mean concentration values obtained by NAA were: Br: $3.45 \pm 0.84 \text{ mg/L}$, Ca: $9.58 \pm 0.94 \text{ mg/dL}$, Cl: $89.19 \pm 8.67 \text{ Meq/L}$, Fe: $132.4 \pm 109.5 \mu\text{g/L}$, Na: $133.3 \pm 12.5 \text{ Meq/L}$, Rb: $321.0 \pm 57.8 \mu\text{g/L}$, Se: $76.7 \pm 25.0 \mu\text{g/L}$ and Zn $96.2 \pm 14.5 \mu\text{g/L}$.

Biochemical analyses were carried out on Roche/Hitachi MODULAR ANALYTICS PP (Roche Diagnostics GmbH, Mannheim, Germany), using specific kits from Roche Diagnostics, too. The biochemical mean values obtained were: uric acid: $5.0 \pm 1.4 \text{ mg/dL}$, total bilirubin: $0.72 \pm 0.29 \text{ mg/dL}$, Na: $141 \pm 3 \text{ mEq/L}$, K: $4.5 \pm 0.4 \text{ mEq/L}$, Ca: $9.4 \pm 1.1 \text{ mg/dL}$, ionized Ca: $5.1 \pm 0.5 \text{ mg/dL}$, P: $3.5 \pm 0.5 \text{ mg/dL}$, Mg: $2.09 \pm 0.28 \text{ mg/dL}$, glucose: $93 \pm 10 \text{ mg/dL}$, urea: $37 \pm 12 \text{ mg/dL}$, creatinine: $0.84 \pm 0.19 \text{ mg/dL}$, Fe: $105 \pm 32 \mu\text{g/dL}$, total iron-binding capacity: $304 \pm 41 \mu\text{g/dL}$, ferritin: $178 \pm 154 \text{ ng/mL}$, total protein: $7.4 \pm 0.5 \text{ g/dL}$, albumin: $4.4 \pm 0.3 \text{ g/dL}$, total cholesterol: $210 \pm 36 \text{ mg/dL}$, HDL-cholesterol: $59 \pm 14 \text{ mg/dL}$, LDL-cholesterol: $128 \pm 32 \text{ mg/dL}$, triglycerides: $121 \pm 60 \text{ mg/dL}$, AST: $22 \pm 7 \text{ U/L}$, ALT: $20 \pm 11 \text{ U/L}$, alkaline phosphatase: $79 \pm 25 \text{ U/L}$ and GGT: $25 \pm 29 \text{ U/L}$.

Conclusion: It can be concluded that the blood sera from this healthy elderly group do not present deficiency or excess of trace elements. The results of biochemical parameters suggest the need to establish specific reference values for elderly.

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Hepcidin and ferritin in hemodialyzed patients

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Background: Hepcidin is a key systemic regulator of iron metabolism. Hepcidin binds to the iron cell exporter ferroportin so iron is kept in the cells unavailable for erythropoiesis. Hepcidin synthesis is up-regulated by high iron stores and inflammation. Dialyzed patients have very often impaired iron management - they suffer from anemia, which is caused by many factors including the state of microinflammation and hepcidin retention due to decreased glomerular filtration rate. Our aim was to describe the relationship of hepcidin and other parameters of iron metabolism, erythropoiesis and inflammation in these patients.

Methods: Complete blood cell count, iron, ferritin, transferrin, CRP, albumin, creatinine, hepcidin (ELISA kit from DRG Diagnostics), soluble transferrin receptors (sTR) and IL-6 were measured in samples from 164 patients treated in chronic hemodialysis program at the 1st Department of Internal Medicine, Faculty Hospital in Pilsen (age 66 ± 13 , 25-92 years), 63 women and 101 men and 37 control healthy volunteers (age 55 ± 20 , 21-92 years), 21 women and 16 men.

Results: Iron, transferrin and hemoglobin were significantly lower in the patients group ($p < 0.0001$) while ferritin ($p < 0.0001$), sTR ($p < 0.05$), hepcidin ($p = 0.0003$), CRP and IL-6 ($p < 0.0001$) were significantly higher in the patients group. Hepcidin weakly ($p < 0.05$) positively correlated with CRP and ferritin and weakly negatively correlated with transferrin ($p < 0.05$) in hemodialyzed patients. No correlation of hepcidin with other biochemical parameters in controls was shown.

Conclusion: Parameters of iron metabolism, erythropoiesis and inflammation were significantly different between hemodialyzed patients and a control group. Only weak correlation between hepcidin and ferritin and CRP and no correlation with IL-6 in hemodialyzed patients can indicate that the influence of inflammation as a factor causing increased hepcidin levels in hemodialyzed patients is not crucial and other factors including its retention in end-stage renal disease can concur.

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Modified Method for the Simultaneous Measurement of Retinol, α -Tocopherol, and β -Carotene in Human Serum

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Background: Vitamin A (retinol), Vitamin E (tocopherol), and carotene play an important role in human health. Vitamin A is necessary for normal vision, cellular differentiation, growth and reproduction. Vitamin E is known for its antioxidant properties and promoting immunity. β -Carotene possesses provitamin A activity and may have a protective effect in prevention of diseases such as cancer and cardiovascular disease. Existing methods employ a lengthy protocol for sample preparation and separation by high-performance liquid chromatography (HPLC). We developed and validated a simple, sensitive, and fast isocratic HPLC method for simultaneous quantification of these vitamins in human serum.

Methods: The developed method uses (1) liquid-liquid extraction followed by freezing with the removal of organic phase by decantation and (2) isocratic gradient with a short, small particle size C-18 column coupled with ultraviolet-visible detection for quantification.