

## **EFFECT OF AMINO GUANIDINE ADMINISTRATION ON BLOOD PROGENITOR CELL COUNTS IN HEMATOPOIETIC ORGANS OF IRRADIATED MICE**

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### **ABSTRACT**

Aminoguanidine is a potent inhibitor of nitric oxide synthase-inductible (iNOS) and thus may act as an anti-inflammatory agent. Irradiated C57Bl/6j mice (sublethal – 8Gy and non-lethal – 4Gy) received 50µg/kg i.p. of aminoguanidine solution on days 0 to 4<sup>th</sup> post irradiation, aiming to block the classic destructive effects of inflammation before irradiation events at hematopoietic sites. Manual counts of blood erythrocytes and platelets were performed using 2µL of tail blood, and spleen polimorfonuclear fractions and bone marrow suspensions were submitted to flow cytometry (FC) analysis to determine frequency of hematopoietic progenitor cells (HPC) presenting the CD34<sup>+</sup> phenotype, on days 2<sup>nd</sup>, 4<sup>th</sup> and 7<sup>th</sup> post-irradiation. On day 2<sup>th</sup>, FC results showed remarkable increase of CD34<sup>+</sup> frequency at bone marrow (>3-fold) of mice irradiated at 4 and 8Gy. In splenic cells, a more than 4-fold increase was observed at 4Gy and in a minor scale (2-fold) at 8Gy. In 4Gy-irradiated mice, aminoguanidine administration maintained platelet and erythrocyte counts at very similar levels on all days except on day 2<sup>th</sup> (>2-fold increase in erythrocyte count) and day 4<sup>th</sup> (2-fold increase in platelet count). At 8Gy, blood cell counts remained at similar levels between control and treated groups except on 2<sup>th</sup> day, when an increase in platelet counts was observed. Aminoguanidine administration highly increased HPC counts in bone marrow and spleen, what may indicate its future use in treatment of acute effects due to accidental radiation exposures.

### **1. INTRODUCTION**

Exposure to ionizing radiation (IR) is responsible to a variety of syndromes, presenting acute and chronic effects that may vary depending upon dose, dose rate and nature of radiation. Hematopoietic syndrome before exposure is very common [1], and some of its effects (neutropenia, hemorrhagic events) are present not only after accidental exposures, but also in pre-transplantation procedures that intend to promote myeloablation [2]. The increasing use of IR in new-brand technologies (diagnostics and treatment) may increase the risk of accidental exposures, leading to development of new protocols that aim to protect and treat deleterious effects of radiation.

Most of these effects are due to inflammation caused by necrosis [3], frequent at irradiated hematopoietic sites, where disseminated destruction of tissue may be present [4]. One of the most important factor starting inflammation is nitric oxide (NO), whose production is closely related to the inducible isoform of its synthase. NO is a short-lived free radical, produced in a L-arginine pathway and mainly participates as a messenger in antimicrobial defense, neurotransmission and vascular homeostasis [5]. Its production is catalyzed by a synthase with three isoforms: cNOS (constitutive), nNOS (neural) and iNOS. Inducible nitric oxide synthase expression can be obliterated by aminoguanidine administration in adequate concentration. In this work, we evaluated the effects of this molecule using as a parameter the frequency of CD34<sup>+</sup> hematopoietic stem cells on spleen and bone marrow of sublethally (8Gy) and non-lethally (4Gy) irradiated mice.

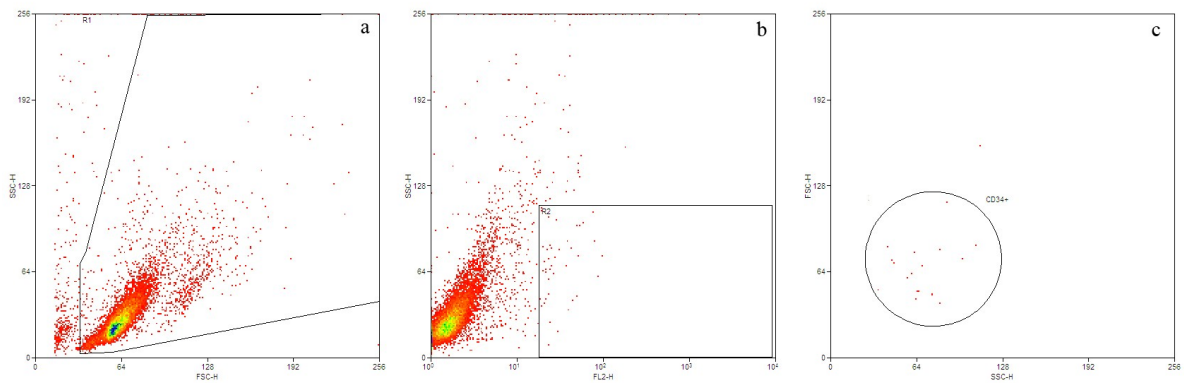
## 2. MATERIALS AND METHODS

### 2.1. Experimental groups and irradiation procedure

All procedures were performed according to principles of animal welfare elsewhere described [6]. Groups of male six-week old C57Bl/6j mice obtained from our colony, (Centro de Bioterismo da Fac.Medicina da Universidade de São Paulo – USP) and maintained at our own facilities, were  $\gamma$ -irradiated in a <sup>60</sup>Co panoramic source (Yoshizawa Kiko Co.) at the Center of Radiation Technology (IPEN/CNEN – SP) at 0, 4 or 8Gy (rate: 11,24 kGy/h), at 70cm from source and behind a 70% attenuator. Animals were immobilized in PVC capsules (6cm length, 2cm diameter) during irradiation events to prevent from heterogeneous exposure due to movimentation of mice during the event. Irradiated (4 and 8Gy) and non-irradiated (0Gy) groups received aminoguanidine-hemisulphate (pH 7,2) i.p. (50 $\mu$ g/kg/animal/day) until the end of experiment. Tail blood was collected from specimens to perform counts (hematocytometer chamber) of total number of red blood cells and platelets, and mice were sacrificed by CO<sub>2</sub> inhalation to provide bone marrow and spleen cell suspensions. Blood cell count of all groups were performed until day 14<sup>th</sup> after irradiation.

### 2.2. Hematopoietic cell suspensions used to Flow Cytometry Analysis

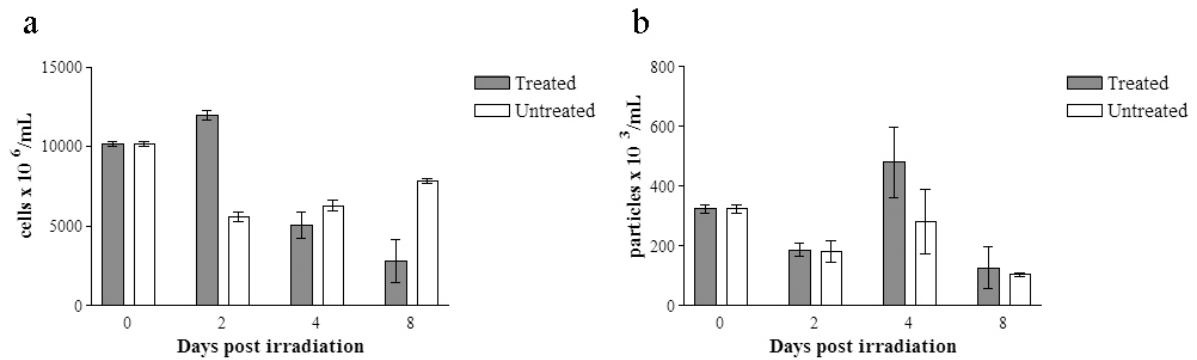
Spleens were aseptically removed and dissociated by mechanical disruption and successive, but gentle pipetting in PBS + 10% Fetal Bovine Serum (FBS) + 5mM EDTA (pH 7,4). Cell suspension were passed through a Ficoll<sup>®</sup> cushion during centrifugation step (700 x g, 30min, RT) to collect polimorfonuclear fractions and maintained in same saline solution placed in ice until processing. Femurs were removed and internally flushed with PBS+FBS 10%+EDTA 5mM to dettach stem cells from bone cavities. Suspensions were centrifuged as described. Cells from all samples (spleen and bone marrow) were counted and adjusted to 4x10<sup>5</sup> cells/mL in a total volume of 200 $\mu$ L, and reacted against monoclonal rat anti-mouse CD34 – phycoerythrin (MEC 14.7, Santa Cruz Biotechnologies) for 30 minutes on ice in dark. After this step, cells were suspended with cold EtOH 70% (800 $\mu$ L) and maintained at -20°C until flow cytometry experiments. Acquisition of 50000 events was performed using FACSCalibur (BD Biosciences) and analysis using Summit Software (DAKO Cytomation). CD34<sup>+</sup> counts were acquired using gates shown in Fig.1. Briefly, the positive capture gate was delineated by side scatter and log of fluorescence using a modified version of the Milan-Mulhouse protocol elsewhere described [7] and briefly detailed in Fig.1.



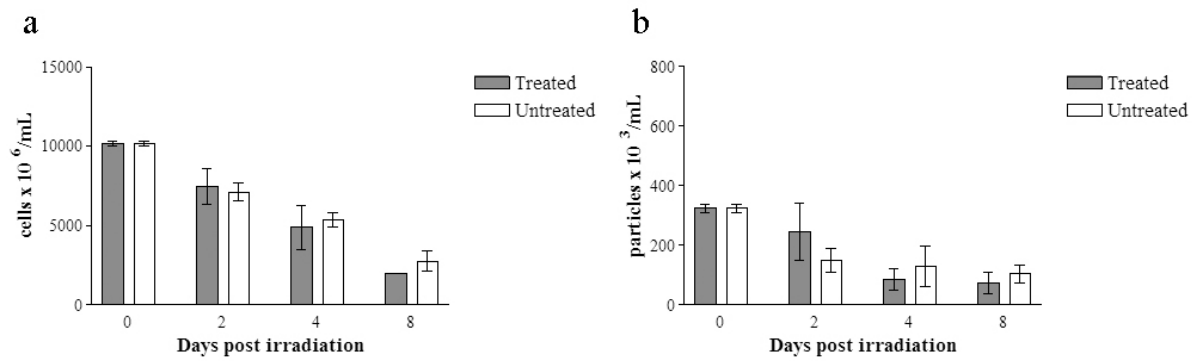
**Figure 1.: Example of used gates. (a) R1 containing integer cells, excluding debris. (b) R2 containing cells with lower side-scatter values and higher fluorescence log values. (c) Final result, indicating positive cell population. The figure shows sample from a non-irradiated control.**

### 3. RESULTS

Blood cell counts (red cells and platelets) of treated and untreated groups were distributed by dose and shown in Fig. 2 (4Gy) and 3(8Gy).

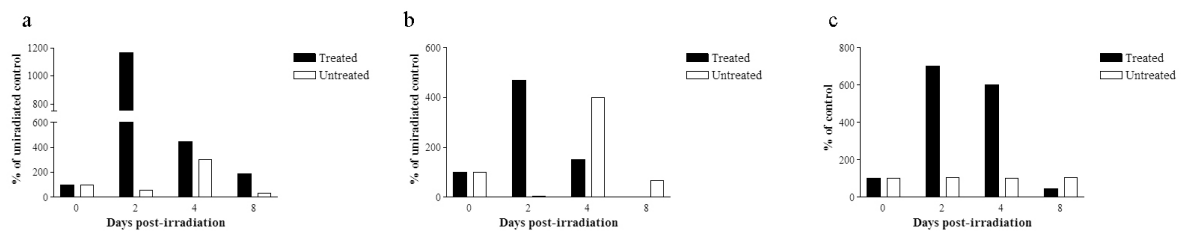


**Figure 2.: Variation of number of erythrocytes (a) and platelets (b) of peripheral blood in treated and untreated groups irradiated at 4Gy.**

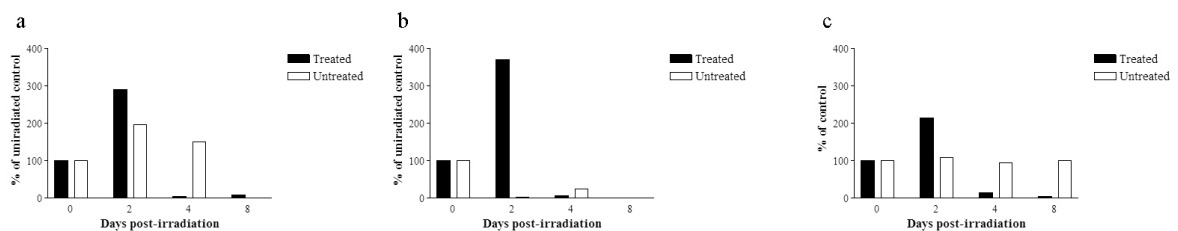


**Figure 3.: Variation of number of erythrocytes (a) and platelets (b) of peripheral blood in treated and untreated groups irradiated at 8Gy.**

Relative results of CD34<sup>+</sup> were given in percentage proportional to the absolute number of events acquired using controls. Fig. 4 shows results on spleen cells and Fig. 5 on bone marrow suspensions.



**Figure 4.: Variation of relative number of CD34<sup>+</sup> cells in spleen cells. (a) 4Gy. (b) 8Gy. (c) Non-irradiated (NI) group.**



**Figure 5.: Variation of relative number of CD34<sup>+</sup> cells in bone marrow cells (a) 4Gy. (b) 8Gy. (c) Non-irradiated (NI) group.**

Mice irradiated at 4Gy showed remarkable increase in RBC counts on day 2<sup>nd</sup> post-irradiation in treated group and on day 8<sup>th</sup> in untreated group (Fig. 2a). Platelet counts showed slight increase on day 4<sup>th</sup> in treated mice (Fig. 2b). At 8Gy dose, all counts were in decrease until the end of experiment without any significant difference (Figs. 3a and 3b). Fig. 4 shows variation of relative number of CD34-positive cells during experiments in spleens of treated and untreated animals, using non-irradiated and non-treated groups as parameter. Using the 4Gy dose, treated mice showed impressive increase on day 2<sup>nd</sup>, and maintenance of counts in an higher level than control until the end of experiment (Fig. 4a). Treatment also showed remarkable increase of counts on day 2<sup>nd</sup> and decrease on day 4<sup>th</sup>, continuing to undetectable levels on day 8<sup>th</sup> in 8Gy-irradiated animals (4b). High increase of counts was observed on days 2<sup>nd</sup> and 4<sup>th</sup> in non-irradiated but treated animals. On day 8<sup>th</sup>, counts returned to similar levels to day 0 (4c). Increase of counts were observed on day 2<sup>nd</sup> (4Gy), seen on Fig. 4A, and in a higher scale on day 2<sup>nd</sup>, 8Gy (4b). Treatment of unirradiated animals cause a increase of CD34<sup>+</sup> cells on day 2, decreasing to an almost undetected level until the end of experiment.

#### 4. CONCLUSIONS

Inflammation is one of the most frequent effects of exposure to ionizing radiation. Therapeutic exposures of lung [8] and gastrointestinal tract [9] had been described, with well-characterized inflammatory events, with possible evolving to chronic stages and severe impairment of hematopoiesis and survival [10]. Radiation-induced necrosis, leading to inflammation is very common, but available treatments based mostly on corticosteroids and superoxide-dismutase (SOD) [3] may provoke some side effects and have higher cost than NO-blockade agents. Aminoguanidine inhibits iNOS and cNOS activities in different concentrations [11], leading us to infer a safe use in a possible treatment to radiation-induced hematopoietic syndrome, with minimum side-effects.

At a non-lethal dose, AG highly increased numbers of CD34<sup>+</sup> cells in bone marrow and spleen suspensions at day 2 post irradiation, opposite to the expected decrease in spleen [12] and bone marrow [13]. Increasing of macrophage activity in post-irradiation events [5] is an aggressive factor that may impair the grafting and differentiation of HSC's at hematopoietic sites. AG inhibits the NO-mediated inflammation cascade, reducing the effects of local inflammation. Using another iNOS inhibitor (L-NAME), other reports showed the involvement of NO in angiogenesis [14], what may be also an another important factor of hematological recovery p.i. involved in the NO cascades. Bone marrow from treated groups responded in even higher levels at 8Gy than 4Gy, what may indicate a remarkable adaptative response to radiation at lethal doses, using mechanisms not yet well understood. Spleens of non-irradiated control group showed also a large increase of CD34<sup>+</sup> cells and large decrease in bone marrow, leading us to ask if NO inhibiting may be an important extramedullary hematopoiesis factor even in cases without exposure to ionizing radiation.

Although the successfully attraction of HSC's to spleen and bone marrow, RBC and platelet counts only showed significant increase on day 2 (RBC) and day 4 (platelets) in animals irradiated at a non-lethal dose. This fact may point to another mechanisms not studied in this work that may be important after homing, like differentiation and/or proliferation of HSC's at hematopoietic sites, like those induced by stromal cell derived factor (CXCL12), whose production is augmented on day 5 p.i. in these organs [15]. NO inhibition does not seem to alter these cascades, what may lead to a combined treatment with cytokines.

AG administration acts reducing the inflammation effects to attracted HSC's to hematopoietic sites, increasing the viability of this cell population and helping in the hematopoietic recovery after radiation damage.

### ACKNOWLEDGEMENTS

We would like to thank to Eng. Carlos Gaia and Eng Elizabeth Somessari (IPEN – Instituto de Pesquisas Energéticas e Nucleares) for very precious technical help in irradiation procedures. This work was supported by CNPq (Conselho Nacional de Desenvolvimento Científico e Tecnológico) (470873/2004-3) & LIMHCFMUSP (Laboratórios de Investigação Médica do Hospital das Clínicas da Faculdade de Medicina da Universidade de São Paulo). Daniel Perez Vieira is a CNPq fellow (141113/2002-2).

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